

Coastal Walk... 3 miles

Carreg Y Llam, Llŷn Peninsula, North Wales

Short description: From the north a stunning vista appears before you as the slopes of the mountains of Moel Gwynus and Moel Ty Gwyn descend to a distinctive plateau known as a drift terrace. Spring is superb with good displays of flora like lady's smock, primrose and early purple orchid. Buzzards regularly hunt over the property but smaller birds like yellowhammers and linnets can be seen. Not all sections are on National Trust land.

Getting there:

Road: Found off the B4417 between Nefyn and Llithfaen. Car park on the right of the road that leads to church in Pistyll

Foot: Part of Llŷn Heritage Coastal Trail

Bus: (B=bus stop) Nefyn Coaches, tel 01758 720904 for the number 27

For public transport information visit www.traveline.org.uk

Maps and start grid ref: OS Landranger 123 gr SH 329 422, Explorer 253.

Detailed walk leaflets priced £2 are available in local shops, National Trust car parks and the National Trust Property Office, Craflwyn, Beddgelert, Gwynedd LL55 4NG

Facilities available: Nearest facilities in villages of Nefyn or Trefor

Terrain: Steep in places and rough walking conditions

Distance: 3 miles

Accessibility: Height gain of 120m over the walk. If on the beach beware of strong currents, do not swim at low tides and do not use inflatables. Cliffs are dangerous (children should be supervised)

Points of interest: Follow the path from car park through the swing gate and up the path to stile (the next section is not on National Trust land):

- 1 Walk to the left of the buildings at Cefnydd Farm
- 2 Continue over the brow of the hill towards the farm Ciliau Uchaf. Cross the track and follow the path across a field. Turn left onto a large track that leads towards the quarry and the sea with superb views to Anglesey, Nant Gwrtheyrn and impressive sweep of Porth y Nant. Carreg y Llam cliff is important for nesting seabirds such as guillemots and kittiwakes in spring
- 3 Near this point are prehistoric structures such as long houses and hut circles. Cross the ford and look towards the church bell tower following the route along the field walls. Granite quarries in this area supplied Manchester with granite setts for footpaths
- 4 To visit the church, climb the stone stile. Note the quarry trail above the path
- 5 Turn left onto the road, past the walled pond and back to the car park

Property contact details: Tel 01766 510129

National Trust properties nearby: Coast on the Llŷn; the house Plas yn Rhiw

