

PLAS HELI



Oriau Agor y Bar / **Bar Opening Hours**

o / from 07/11/16

Llun / Monday – Mercher / Wednesday	10am – 4pm
Iau / Thursday	10am – 9pm
Gwener / Friday	10am - 11pm
Sadwrn / Saturday	10am – 11pm
Sul / Sunday	10am – 7pm



Gweinir Bwyd / **Food Served**

o / from 07/11/16

Llun / Monday – Mercher / Wednesday	12 – 3pm
Iau / Thursday	12 – 3pm & 5pm – 8pm
Gwener / Friday	12 – 3pm & 5pm - 9pm
Sadwrn / Saturday	10am – 8pm
Sul / Sunday	10am – 3pm

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